

DEPARTMENT NAME :
Health and Wellness
Health Education

GRADE LEVEL: K

YEAR AT A GLANCE
Student Learning Outcomes by Marking Period
2017-2018

FIRST TRIMESTER		
Dates	Textual References	To Demonstrate Proficiency by the End of the Quarter Students Will... (with eligible content references):
Marking Period Starts: 9/7/17 Suggested Completion Date: 10/27/17	Unit: Healthy Mind Unit Title: Social and Emotional Health Health Education Skills: Analyzing Influences, Interpersonal Communication SEL Skills: Self-Awareness, Self-Management, Social Relations	Content/skill SWBAT statement (corresponding standards): <ul style="list-style-type: none"> Identify and describe different kinds of feelings (K.AI.K1) <i>MM SE Lesson 4</i> Show respect and caring for others, including being polite and courteous (K.AI.S1, NHES 2.2.1) <i>MM SE Lesson 1</i> Identify strategies to making friends (K.AI.S1, NHES 2.2.1) <i>MM SE Lesson 3</i> Describe how family and friends influence personal feelings and behaviors (K.AI.K2b, NHES 2.2.1) <i>MM SE Lesson 4</i> Identify ways to manage strong feelings, and respond in effective ways to teasing (K.IC.K2b) <i>MM SE Lessons 5, 6</i>
Suggested Completion Date: 12/1/17	Unit: Healthy Body/Safe Body Unit Title: Personal Health and Wellness Unit Skills: Decision Making, Health Advocacy, Goal Setting	Content/skill SWBAT statement (corresponding standards): <ul style="list-style-type: none"> Identify what is needed to prevent and control the spread of disease, such as a cold. (K.DM.S2, NHES 1.2.3) <i>MM PHW Lesson 1</i> Explain why hand washing, regular bathing and dental hygiene is important for illness prevention (K.DM.K2, K.HA.K1, NHES 1.2.4) <i>MM PWH Lesson 2</i> Demonstrate skills encouraging classmates to make positive choices (K.GM.S2) <i>MM Lesson 3</i>
First Marking Period Ends: 12/1/17 Assessments During This Period: Michigan Model for Health Kindergarten: Social and Emotional Health Students; Michigan Model for Health Kindergarten: Personal Health and Wellness Student Worksheets; Teacher Observation and Checklists		

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SECOND TRIMESTER		Overarching/general themes
Dates	Textual References	To Demonstrate Proficiency by the End of the Quarter Students Will.... (with eligible content references):
Marking Period Starts: 12/4/17 Suggested Completion Date: 3/16/18	Unit: Healthy Balance Unit Title: Nutrition Education and Physical Activity Unit Skills: Decision Making, Analyzing Influences, Accessing Resources, Goal Setting	Content/skill SWBAT statement (corresponding standards): <ul style="list-style-type: none"> • Describe the benefits of drinking water throughout the day (K.DM.K1a) <i>MM NPA Lesson 1</i> • Explain where different foods come from and what happens to them before they arrive in your home (K.AI.K2) <i>MM NPA Lesson 1</i> • Explain the components of a healthy meal, including the five food groups (K.GM.K1) <i>MM NPA Lesson 2</i> • Give examples of healthy meals for breakfast, lunch and dinner (K.GM.K1) <i>MM NPA Lesson 2</i> • Describe how being physically active helps a person stay healthy and identify places to do physical activity (K.AR.K1a) <i>MM NPA Lesson 3</i> • Identify trusted adults and professionals who can help promote physical activity (K.AR.S1, NHES 3.2.1)
Second Marking Period Ends: 3/16/18 Assessments During This Period: Michigan Model for Health Kindergarten: Nutrition Education and Physical Activity Student Worksheets; Teacher Observation and Checklists		

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THIRD TRIMESTER		
Dates	Textual References	To Demonstrate Proficiency by the End of the Quarter Students Will... (with eligible content references):
Marking Period Starts: 3/19/18 Suggested Completion Date: 4/13/18	Unit: Healthy Body/Safe Body Unit Title: Personal Safety Unit Skills: Accessing Resources, Interpersonal Communication	<ul style="list-style-type: none"> Identify when a situation is dangerous and needs to be reported to an adult (K.IC.K1a) <i>MM S Lesson 1</i> Explain how to call 911 and when it is appropriate to do so (K.AR.K2b) <i>MM S Lesson 4</i> Describe the characteristics of appropriate and inappropriate touch (K.IC.K1a) <i>MM S Lesson 5</i> Identify parents and other trusted adults to tell if feeling uncomfortable about being touched (NHES 3.2.1) <i>MM S Lesson 5</i> Demonstrate how to ask trusted adults at school and in the community for help (K.AR.S1, NHES 3.2.2)
Marking Period Starts: 4/23/18 Suggested Completion Date: 6/20/18	Unit: Healthy Lifestyle Unit Title: Alcohol, Tobacco, and Other Drugs Unit Skills: Health Advocacy	Content/skill SWBAT statement (corresponding standards): <ul style="list-style-type: none"> Describe the ways that over-the counter and prescription medicines can be helpful and harmful (K.HA.K2a) <i>MM ATOD Lesson 1</i> Explain what a poison is and how to identify which household items are safe and unsafe (K.HA.K2b) <i>MM ATOD Lesson 2</i>
Third Marking Period Ends: 6/20/18 Assessments During This Period: Michigan Model for Health Kindergarten: Personal Safety Student Worksheets; Teacher Observation and Checklists; Michigan Model for Health Kindergarten: Alcohol, Tobacco and Other Drugs Student Worksheets; Teacher Observation and Checklists		